



Erin K. Garcia, PCC, BCC
Leadership Coach

918.406.5934
erin@erinkgarcia.com
www.erinkgarcia.com

Neuro-Coaching
Peak Performance
Entrepreneurial Solutions
Leadership Enhancement
Cutting Edge Assessments

6846 S. Canton Ave., Ste. 120
Tulsa, OK 74136

About Erin. . .

Erin K. Garcia, 5 Voices Leadership Coach, has been a professional certified coach with the ICF since 2010. Her very first life coaching certification was with Accelerate Your Destiny with Henry Penix right here in Tulsa in 2003. In 2011, she also became an Accelerated Results Coach with Noah St. John, author of the amazing *Affirmations* technique.



Using her signature ASCENT Coaching system, Erin has coached solopreneurs, small business owners, network marketers, ministry leaders and even team leaders and executives in the corporate world to become the ultimate best version of themselves, both personally and professionally. Her clients take leaps (of faith), develop powerful skills, claim their gifts and callings, leverage their strengths, double their income, step into courage, soar into momentum, live into purpose, 10x their desired results, and expand their greatness!

Erin's newest affiliation is as a Guide and Certified Coach with Giant Worldwide. Giant is a global media and content development company specializing in leadership transformation.

Giant is the creator of the acclaimed 5 Voices Leadership assessment.

Erin had the distinction of training coaches in the Biz Academy through Coachville, the largest coaching school in the world at that time. She has mentored several new emerging coaches, leading them to thriving coaching practices.

She has achieved a Master Practitioner status with a groundbreaking new Christian protocol of energy clearing utilizing Neuro- Emotional Technique (NET), Thought Field Therapy (TFT), and EMDR which is radically accelerating results the coaching process begins in her clients' lives.

Erin has published a memoir, *The Real Skinny on My Anorexia*, and has contributed to *Pain, Purpose, and Passion* and *Stickman's Prayers*.

What Coaches Help Clients Do

Set Better Goals



Improve Performance



Increase Performance



Increase Self Awareness



Transition, Move Forward



Strengthen Relationships



Develop Strategies



Improve Quality of Life



Succeed in Business



Build Proficiencies



Improve Communication



Be More Creative



Perfect Environments



Erin K. Garcia, PCC, BCC
Leadership Coach

918.406.5934
erin@erinkgarcia.com
www.erinkgarcia.com

Neuro-Coaching
Peak Performance
Entrepreneurial Solutions
Leadership Enhancement
Cutting Edge Assessments

Become . . . Transform . . . Perform **Coaching Services**

Strategy Session - Your opportunity to collaborate with a coach approach to your dreams, goals, and vision.

Laser Coaching – A succinct coaching experience to address a current decision to be made, goal to be met, or dream to pursue.

Vision Coaching – An opportunity to discover and implement Your One Degree™ into your personal vision. You will explore your Drivers, your Passion Statement, and design your next steps to fulfillment.

Personal Transformation Coaching – Coaching designed to shift forward into your “new story” with strong intentionality - leaving your “old story” behind. We will overcome the Triggers, Blocks, & Saboteurs keeping you from moving forward. Then we will up-level into “Go Mode” - giving yourself permission to succeed.

The Ascent Coaching System – This system is designed to take you the full spectrum from Healing, Becoming, Transforming into Leveraging and Executing out of your top strengths and superpowers. We will define and implement what success looks like for you within your joyful identity. You will contribute to the world from Purpose, Passion, and Creative Expression.

Leadership Intensive – The GiANT Intensive process is designed to help you start down the path to becoming 100% healthy as a person and as a leader, and then helps you learn how to multiply (X) and scale that healthy leadership inside your teams and family. Each of these sessions is designed to unpack a different aspect of your leadership.

Splankna Energy-Clearing - Splankna attends to the way our bodies store emotions like frequencies. A simple combination of “touch and thought” allows the body to release these stored emotions, thus attending to the body and soul. When the stored trauma emotions behind a symptom are relieved, Splankna helps the client understand and remove the destructive vows, lies, and blocks associated with those traumas in Body, Soul and Spirit.

Assessments

Five Voices by GiANT Worldwide: giant.tv/5voices/erinkgarcia

Life Pattern Test - Taylor Johnson Temperament Analysis

Strengths-Finder 2.0 by Tom Rath - purchase through Amazon/ bookstore

Strengths-Based Leadership by Tom Rath - purchase through Amazon/bookstore

9 Saboteurs Assessment - positiveintelligence.com

WPESS Enneagram

Discover Your Spark – www.sparketype.com

6846 S. Canton Ave., Ste. 520
Tulsa, OK 74136



Coaching Assessment Form

Name _____

Date _____

Step 1: What is the coaching focus?

Circle One: Business Career Spiritual Quest Health Family Romance Creative Expression

Name the area of focus: _____

Why do you want to focus here? What is your “why”? The spark? _____

Define the big picture. What is your vision? Who are you becoming? _____

Step 2: The Unique You — and True Fulfillment

Your current wealth . . . what you can express . . . what you can contribute?

Attribute	3 Month Objectives. Be Specific/Tangible	Is it Urgent?
Knowledge		
Talents		
Experience		
Character/Values		
Community Connection		
Spiritual Connection		
Financial		
Relationships		
Health		

Erin K. Garcia Coaching Agreement
Applicant Information



Name _____ DOB _____

Phone _____ Email _____

Mailing Address _____

City, State, Zip _____

Applicant Signature

Application Date

Coach Signature

Approval Date

Coaching Agreement

Coaching Procedure

- Day and time of session(s) will be agreed upon and scheduled for the 1 - 3 - 6 - 12 sessions course of this agreement. Payments is required up front, with 2-payment or 3-payment options available for larger coaching packages. No credits will be issued for missed/cancelled sessions. Arrangements for makeup sessions will be available with 24-hour cancellation notice and immediate rescheduling.
- With telephone clients, the client will call the coach at the prearranged number on the day and time scheduled.
- Your Coaching Agreement includes unlimited emails/texts between coach and client as well as periodic coach "call in" phone sessions as needed.

Termination

- This agreement may be extended another 3 - 6 - 12 sessions following the initial duration with the mutual agreement of both parties. Special offers or discounts expire with the initial coaching agreement. Month-to-month extensions will be considered by special request after the initial agreement has expired.

Confidentiality

- The Coach recognizes that certain information of a confidential manner may be relayed during either regular or "Coach-on-Call" sessions. The Coach will not, at any time, either directly or indirectly use this information for the Coach's benefit nor disclose said information to anyone else without specific approval of the Client (excludes disclosure of illegal or unethical activities).

Nature of Relationship

- The Coach has a background and expertise in Behavioral Analysis, Biblical/cognitive/therapeutic counseling, spiritual formation and discipleship, inner city outreach including case management and job placement, women's issues, sales training and team building, time management, values clarification, goal setting and achievement, marketing, leadership and much more.
- The Client(s) has been made aware that the coaching relationship is in no way to be considered or construed as psychological counseling or any type of therapy.
- The Client is also aware that Coaching results cannot be guaranteed. No cash returns are made for coaching; instead, credits or transfers of either sessions or assessments may be arranged.
- The Client agrees that they are entering into coaching with the understanding that they are responsible for their own results.
- Client also agrees to hold the Coach free of all liability and responsibility for any actions or results for adverse situations created as a direct or indirect result of specific referral or advice given by the Coach.