

About Erin. . .

Erin K. Garcia, Neuro-Performance Coach, has been a professional certified coach with the ICF since 2010. Her very first life coaching certification was with Accelerate Your Destiny with Henry Penix right here in Tulsa in 2003. In 2011, she also became an Accelerated Results Coach with Noah St. John, author of the amazing *Affirmations* technique.

Using her signature ASCENT Coaching system, Erin has coached solopreneurs, small business owners,

network marketers, ministry leaders and even team leaders and executives in the corporate world to become the ultimate best version of themselves, both personally and professionally. Her clients take leaps (of faith), develop powerful skills, claim their gifts and callings, leverage their strengths, double their income, step into courage, soar into momentum, live into purpose, multiply their desired results, and expand their greatness!

Erin has published a memoir, *The Real Skinny on My Anorexia*, and has contributed to *Pain, Purpose, and Passion* and *Stickman's Prayers*. Her next release, *Now What? The 7 V's of Business Identity* is a coaching program co-authored with Dee Selby.

Erin developed the Ascent Coaching Program and is using her many skills and tools to change the lives of her clients.



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